

Pre research tongue cancer:

Western medicine is no closer to finding a "cancer cure," while cancer has grown into a worldwide epidemic of staggering proportions. The statistics speak for themselves:

- In the early 1900s, one in 20 people developed cancer
- In the 1940s, one in 16 people developed cancer
- In the 1970s, it was one in 10
- Today, it's one in three!

The featured documentary is enormously informative. It details how the pharmaceutical industry partnered with the American Medical Association (AMA) in an ingenious plan to overtake the medical system in four swift, easy steps, back in the early 1900s. In a nutshell, it went something like this:

1. International bankers that own the drug and chemical companies gained control over the medical education system over 100 years ago.
2. They gave grants to the AMA and leading medical schools in exchange for seats on their board and the ability to control policy.
3. Finally, they cleverly engineered their control of virtually every federal regulatory agency relating to the practice of medicine.

<http://articles.mercola.com/sites/articles/archive/2013/08/03/natural-cancer-treatment.aspx>

Approximately 30% of patients will present initially with highly confined localized disease stages (T 1 or T). These patients are treated with curative intent, usually involving surgery, radiation therapy, 2 or both. Only about 20-40% of patients will develop a local or regional tumor recurrence. However, over subsequent years, these "cured" patients appear to be at higher risk for developing a second malignancy than for developing a recurrence of their initial tumor. Tumor recurrences most often occur during the first 2 years after therapy; later recurrences are rare. Second malignancies, on the other hand, will be observed at a steady rate-perhaps 3-5% per year. Thus, with sufficient follow-up time, second malignancies or other medical diseases become greater problems than recurrence of the primary disease. The use of drug therapy to decrease the rate of second malignancies is being actively investigated. - See more at:

Multiple Carcinomas

Individuals with one carcinoma of the head and neck region have an increased risk of developing a (19) second malignancy; the frequency of that event varies from 16% to 36%. When a second malignancy occurs at

the same time as the initial lesion, it is called a synchronous carcinoma. Metachronous neoplasms, on the other hand, are additional primary surface epithelial malignancies that develop in a later time period than the original tumor. About 40% of second malignancies of the upper aerodigestive tract arise simultaneously and represent a synchronous tumor. The remaining multiple cancers in this population represent metachronous disease and usually develop within 3 years (19) of the initial tumor. Second primary tumors are the chief cause of death in patients with an early stage diagnosis. (20)

The tendency to develop multiple carcinomas in the upper aerodigestive region is known as "field (21) cancerization." Prolonged and diffuse exposure to local carcinogens, particularly tobacco combined with alcohol, appears to increase the malignant transformation potential of exposed epithelial cells (22)

in the upper aerodigestive tract and lungs. The overall risk for developing a second head and neck malignancy is 10 to 30 times higher in populations that use tobacco and alcohol than in the general population. (23)

Current research is exploring the genetics of biochemical processes that may affect the development of oral cancer. Included are gene mutations such as tumor suppressor gene amplification and overexpression of proto-oncogenes c-myc, EGFR and cyclin D1, as well as loss of heterozygosity of specific chromosome loci. Cellular alteration of response to growth factor and Beta's (TGF-beta) growth suppressor effect on tumor cells may become important as well. - See more at:

http://www.oralcancerfoundation.org/cdc/cdc_chapter5.php#sthash.Y1adNh5p.dpuf

What Causes Cancer – Systemic Level

Everyone has cancer cells in their body, so why does one person never get diagnosed with cancer and another person is diagnosed with cancer?

Cancer is almost always caused by the same multi-step sequence of events.

First, nasty microbes and parasites get inside of the organs and make their homes there. These microbes generally come from meat that was not adequately cooked, but they can come from other sources.

Second, these microbes intercept glucose which was headed for the cells in the organs.

Third, these microbes excrete (as waste products) mycotoxins, which are highly acid and totally worthless to the cells.

Fourth, because the cells (in the organs) don't get the food they need (because it has been intercepted), and because they are living in a sea of filth (i.e. mycotoxins), the cells in the organ become weak.

Fifth, organs are made exclusively of cells. In other words, if you took all of the cells out of an organ, there would be no organ. Thus, because the cells in the organ(s) are weak, the organ(s) are weak.

Sixth, because one or more major organs are weak the immune system becomes weak. Actually, the microbes weaken the immune system both directly and indirectly.

Seventh, because the immune system is weak it cannot kill enough cancer cells and the cancer cells grow out of control.

Thus, in summary, the "root cause" of cancer is microbes and parasites that are in the organs or colon (**or bloodstream**), which weakens the immune system.

However, other things can cause cancer. For example, a vaccination can weaken the immune system due to mercury and/or toxins. Filth in the colon can also lead to a weak immune system (see the book: "[*Fire in the Belly*](#)" by Dr. Keith Scott-Mumby, MD.):

Read More http://www.cancertutor.com/what_causes_cancer/

More About the High RF Frequency Protocol

Like all cancers, all of these types of cancer are caused by microbes at multiple layers, which is the main reason the High RF Frequency Protocol is chosen for these types of cancer. Cancer itself is caused by microbes that are inside the cancer cells. If you don't understand this, see the "What Causes Cancer" article: [What Causes Cancer](#)

The Dirt Cheap Protocol is largely designed to kill these microbes and thus revert the cancer cells into normal cells.

While several very effective cancer treatments cost about the same as the High RF Frequency generator with the 15-Watt linear amplifier (the "little brother" of the plasma ray tube with plasma amplifier), my analysis of this protocol have led me to believe that for the cost of the High Rf Frequency Protocol, it is the perfect fit for these kinds of cancer.

Consider some of major things the High RF Frequency Protocol and Dirt Cheap Protocol deal with:

- 1) Alkalinity (several of the nutritional items will likely be alkaline, but only one major alkaline protocol per day should be used),
- 2) Kill microbes and parasites in the organs to build the immune system,
- 3) Energize cells with nutrition (however, most of the energizing comes from electromedicine)
- 5) Kills microbes in the bloodstream,

6) Immune builder supplement (Transfer Point brand Beta Glucan) – optional but effective

7) Case-specific issues

In many cases the immune system can get rid of these microbes, but in fact some types of tapeworms, flukes and fungus, etc. cannot be killed by the immune system for one reason or another (e.g. the microbes are not accessible by the immune system).

Liver flushes and special nutrients may be required to deal with these microbes and parasites. But the fact is that many natural cancer treatments do very well without dealing with these special microbes. But the patient should be aware of these issues.

Read More http://www.cancertutor.com/what_causes_cancer/

Read More http://www.cancertutor.com/throat_cancer/

Natural Remedies:

tinturas trebol 4 hojas (4 leaf clover tinctures):

Moringa Tintura. (anti tumor)

broccoli Tintura. (anti cancer)

Cinnamon Tintura. (body stabilization, blood sugar regulation)

Cannabis Tintura. (anti multiple entire body cancers)

Dandelion Tintura. (anti cancer for lower body pancreas and prostate, gut)

Benjamin couwenberg dosage recommendations:

1. First take moringa to clear with the ester activity, then broccoli, then cinnamon to begin regulation, then cannabis with the soothing oily nature. This can be 1 dropper full of each back to back within the same few minutes.

Then dandelion is optional for lower body cleansing anti cancer activity.

Baking soda for alkaline balance.

High Anti cancer foods:

cruciferous vegetable greens, kohlrabi, broccelli, horseradish, mustard greens.

Graviola. grape seed extract. Asparagus. Apple cidar vinegar.

zeolite for helping to clean at cellular level the microbes causing the cancer.

activated black charcoal to help remove toxins + microbes.



Leafy Green Vegetables For Oral Cancer

As recommended by The American Institute for Cancer Research, a person with oral cancer should eat plenty of cancer fighting foods like leafy green vegetables, cruciferous vegetables, sweet potatoes, carrots, mushrooms, beans, tomatoes, garlic, flaxseed, seaweed, avocado, grapefruit, papaya, lemon, orange and green tea on a daily basis. These foods contain potent anticancer properties that help to reduce the size of the tumors and also prevent them from spreading and recurring.

Practice Proper Oral Hygiene

The symptoms of oral cancer can be aggravated further by an unhygienic mouth. Failing to brush and floss regularly can cause several teeth and gum related issues, and can trigger the cancer cells in the mouth to multiply faster. Improper oral hygiene can also reduce the body's immunity and help the cancer spread faster (the body would not be able to fight off the cells).

Change The Way You Cook Your Dishes

The symptoms of oral cancer can be aggravated with the way dishes are cooked. A person suffering from oral cancer would need to stop eating fried or grilled foods, and would need to eat steamed, baked or boiled foods instead. Oral cancer can also be aggravated with the use of artificial seasonings and preservatives added to cooked dishes. A suitable alternative to this would be

to replace artificial additives with natural, healthy additives like curry powder, garlic, ginger and chilies etc.



Drumsticks Reduce Oral Cancer

The leaves of the **drumstick plant** can help treat the symptoms of oral cancer effectively. The leaves need to be dried and blended to form a powder. One teaspoon of this powder needs to be added to a cup of boiling water. The solution needs to boil nicely after which it needs to be strained. A person suffering from oral cancer needs to drink this juice every day for at least a couple of months to get rid of oral cancer and its symptoms completely.

Avocados contain Vitamin C and E which help treat oral cancer by killing the pre-cancerous cells in the mouth (which would otherwise help the cancer cells to multiply faster and spread to other areas of the mouth). Eating avocados regularly can also prevent the cancer cells from recurring.

Tomatoes are also very effective in treating oral cancer. Tomatoes contain a substance called lycopene which acts as an antioxidant and flushes out harmful free radicals from the body (free radicals are known to cause oral cancer). The presence of Vitamin C in tomatoes also helps to prevent skin cell damage which can also lead to oral cancer.

Oral cancer can be cured effectively by just drinking a cup of **raspberry juice** every day until the symptoms of the condition disappear completely. Fresh raspberry juice is more desirable when compared to packaged drinks. The juice should be in its purest form as well which would mean no additional preservatives or artificial sweeteners should be added to it. By following this home remedy, the symptoms of oral cancer would gradually reduce and disappear completely within a few months.

Green Tea contains plenty of antioxidants that help cleanse the body off free radicals and other harmful organisms that could trigger oral cancer or aggravate its symptoms. Drinking two cups of green tea everyday can help reduce the symptoms of oral cancer and prevent recurrences.

My Top 12 Cancer Prevention Strategies

There is so much you can do to lower your risk for cancer. But please don't wait until you get the diagnosis—you have to take preventative steps NOW. It's much easier to prevent cancer than to treat it, once it takes hold. I believe you can virtually eliminate your risk of cancer and chronic disease, and radically improve your chances of recovering from cancer if you currently have it, by following these relatively simple strategies.

1.Food Preparation: Eat at least one-third of your food [raw](#). Avoid [frying or charbroiling](#); boil, poach or steam your foods instead. Consider adding cancer-fighting whole foods, herbs, spices and supplements to your diet, such as [broccoli](#), [curcumin and resveratrol](#). To learn more about how these anti-angiogenetic foods fight cancer, please see our previous article: "[Dramatically Effective New Natural Way to Starve Cancer and Obesity](#)."

2.Carbohydrates and Sugar: Reduce or eliminate processed foods,[sugar/fructose](#) and grain-based foods from your diet. This applies to whole unprocessed organic grains as well, as they tend to rapidly break down and drive up your insulin level. The evidence is quite clear that if you want to avoid cancer, or you currently have cancer, you absolutely MUST avoid all forms of sugar, especially fructose, which feeds cancer cells and promotes their growth. Make sure your total fructose intake is around 25 grams daily, including fruit.

3.Protein and Fat: Consider reducing your protein levels to one gram per kilogram of lean body weight. It would be unusual for most adults to need more than 100 grams of protein and most likely close to half of that amount. Replace excess protein with [high-quality fats](#), such as organic eggs from pastured hens, high-quality meats, avocados, and coconut oil.

4.GMOs: Avoid [genetically engineered foods](#) as they are typically treated with herbicides such as Roundup (glyphosate), and likely to be carcinogenic. A French research team that has extensively studied Roundup concluded it's toxic to human cells, and likely carcinogenic to humans. Choose fresh, organic, preferably locally grown foods.

5.Animal-Based Omega-3 fats: Normalize your ratio of [omega-3](#) to omega-6 fats by taking a high-quality krill oil and reducing your intake of processed vegetable oils.

6.Natural Probiotics: Optimizing your [gut flora](#) will reduce inflammation and strengthen your immune response. Researchers have found a microbe-dependent mechanism through which some cancers mount an inflammatory response that fuels their development and growth. They suggest that inhibiting inflammatory cytokines might slow cancer progression and improve the response to chemotherapy.

Adding [naturally fermented food](#) to your daily diet is an easy way to prevent cancer or speed recovery. You can always add a high-quality probiotic supplement as well, but naturally fermented foods are the best.

7.Exercise: Exercise lowers insulin levels, which creates a low sugar environment that discourages the growth and spread of cancer cells. In a three-month study, [exercise](#) was found to alter immune cells into a more potent disease-fighting form in cancer survivors who had just completed chemotherapy.

Researchers and cancer organizations increasingly recommend making regular exercise a priority in order to reduce your risk of cancer, and help improve cancer outcomes. Research has also found evidence suggesting exercise can help trigger apoptosis (programmed cell death) in cancer cells. Ideally, your exercise program should include balance, strength, flexibility, high intensity interval training (HIIT). For help getting started, refer to my [Peak Fitness Program](#).

8.Vitamin D: There is scientific evidence you can *decrease your risk of cancer by more than half* simply by optimizing your [vitamin D levels](#) with appropriate sun exposure. Your serum level should hold steady at 50-70 ng/ml, but if you are being treated for cancer, it should be closer to 80-90 ng/ml for optimal benefit.

If you take oral vitamin D and have cancer, it would be very prudent to monitor your vitamin D blood levels regularly, as well as supplementing your vitamin K2, as K2 deficiency is actually what produces the symptoms of vitamin D toxicity. To learn more, please see my previous article: "[What You Need to Know About Vitamin K2, D and Calcium](#)".

9.Sleep: Make sure you are getting enough restorative [sleep](#). Poor sleep can interfere with your melatonin production, which is associated with an increased risk of insulin resistance and weight gain, both of which contribute to cancer's virility.

10.Exposure to Toxins: Reduce your exposure to environmental toxins like pesticides, [herbicides](#), household chemical cleaners, synthetic air fresheners and [toxic cosmetics](#).

11.Exposure to Radiation: Limit your exposure and protect yourself from [radiation produced by cell phones](#), towers, base stations, and Wi-Fi stations, as well as minimizing your exposure from radiation-based medical scans, including dental x-rays, CT scans, and [mammograms](#).

12.Stress Management: Stress from all causes is a major contributor to disease. Even the CDC states that 85 percent of disease is driven by emotional factors. It is likely that stress and unresolved emotional issues may be more important than the physical ones, so make sure this is addressed. My favorite tool for resolving emotional challenges is [Emotional Freedom Techniques \(EFT\)](#).

<http://articles.mercola.com/sites/articles/archive/2013/08/03/natural-cancer-treatment.aspx>



Benjamin couwenberg www.consciousazine.com Comment:

"Most importantly with cancer involvement, is to maintain positive thoughts. An uplifted levitational state. We all know the stories such as Louise hay healing her cancer via positive affirmations. But I say it due to understanding and feeling the difference for myself, and that is not to create what is called acid chi energy(obviously grounding is efficacious for this)."

Recipe:

Ariel Gail MacLean@yahoo • a year ago

For all the self-doctors out there combing sites like this for clues and recipes for how to implement these great self-healing ideas like Using Garlic To Cure Whatever, here is My Little Idea. I recently reversed a multi-decade, drug-resistant, systemic infection which had begun a long time ago after root canal extractions and subsequent ongoing infection which was never fixed even with 2 recent years of antibiotics. Fast forward and my recent diagnosis of Ocular Cancer made sense knowing my history and conviction that I had gradually developed an infection in my entire head/neck/eye socket/armpit, etc. which paved the road for the Eye Tumor (cancer loves co-infections and they facilitate one anothers' coexistence). So I decided to tackle the drug-resistant, systemic infection with a diet of select vegetables + High Dose Liposomal C + Brain-Berry Smoothies + high-dose Raw Garlic. The real challenge was how to do this on an extremely low budget, i.e., through my diet and in my own kitchen, but since I believed the cornerstone of this war on the bad bugs was Raw Garlic, the question became How to Consume High Doses of Raw Garlic? Here is my pivotal discovery: I knew from past experience, that I could consume enough garlic to kill anything so long as it was hidden

inside Carrot Juice. For some reason, the flavor (and likely the sweetness) of Carrot Juice is a favorite Garlic Delivery System for a lot of other people besides me, because they used to travel from far to pay me for this Garlic Cure when I ran a Juice Bar in Santa Cruz in the 1960's. The obvious issue is that Carrots are too sweet for anti-cancer diets, so I thin the carbs down with Celery and Greens and chalk the rest off to the "spoonful of sugar helps the medicine go down" trade-off. The next thing I discovered is that I can gain even more benefit from High Dose Raw Garlic if I take the Juicer Screen off and just slow-grind the Carrots & Garlic Bulbs (and toss it to blend the garlic) and consume the pulp along with the juice. I use a Green Power low-heat Juicer for less oxidation damage, and the resulting Carrot-Garlic Pulp Product stores for weeks in my refrigerator with zero visible oxidation, browning, spoilage, or odor deterioration. Or I make a huge batch of this raw material up and freeze it inside big ice cube tray (store in baggie) and remove them as needed. I found this Carrot-Garlic Pulp Product so delicious & versatile that I cannot remember the last time I felt so compelled to tell the world about My Little Idea. I eat it with a spoon, throw over any salad, soup, stir-fry, inside wraps/tortilla, etc. and "take my medicine" without complaint when the delivery system includes Carrot-Garlic Pulp. My absolute favorite way to consume a medicinal dose of garlic is (this is going to sound weird, but try it - you'll like it): blend a large scoop of this Carrot-Garlic Pulp with cut-up grapefruit, throw in some mung/radish/broccoli sprouts, shredded purple cabbage, a few thumbs of raw grated ginger, and a bunch of minced cilantro. As Beautiful as it is Therapeutic and Delicious! If you will start and end your day with this, you can eliminate heavy metals along with any parasites, dead cancer cells, toxic chemicals so fast and so much better than the expensive \$50+ per store-bought Cleanse kit. And all this while just eating a great-tasting salad that cures MRSA too!

3 consultations from me to begin with at 880 peso (\$40) each. Hand written research documents on your 1 illness. Weekly*3. 2640 peso complete payment. Benjamin couwenberg. 099189103.
paypal benjamc3@live.com.au
Email: benjamc3@yahoo.com